Chapter 1: Discovering the Beauty Within You

Dear Beautiful Woman,

Have you ever looked in the mirror and wondered whether you were beautiful enough?

Perhaps you have compared yourself to another woman, wishing you had her appearance, her confidence, or her lifestyle.

But beautiful woman, I want you to remember something very important.

You were created to be yourself, not someone else.

True beauty is more than the clothes we wear, the hairstyles we choose, or the makeup we apply.

Beauty is also found in a loving heart, a gentle spirit, a kind word, and the way we treat others.

There is nothing wrong with wanting to look beautiful. Taking care of our appearance can be a wonderful way of appreciating ourselves.

But we must never forget to care for the beauty within.

Sometimes life causes us to forget how special we are.

We experience disappointment, rejection, criticism, and difficult seasons that affect our confidence.

We may begin believing that we are not good enough.

But beautiful woman, your worth has never depended on another person’s opinion.

You have gifts, talents, experiences, and qualities that make you unique.